

# IMPORTANT MESSAGE FROM C-Me Swim – CORONAVIRUS

Dear our C-Me Swim Community,

You are probably aware of the increased scrutiny around the outbreak of the Coronavirus in China. The Australian Government Department of Health has advised that they have procedures in place to ensure people with illnesses travelling into the country are detected and managed. However, this cannot be totally effective.

For C-Me Swim, the health, safety and wellbeing of each person in our Community is our highest priority – students, parents and staff. Subsequently, we have investigated what the Department of Health, Australian Swim Schools Association and Schools are recommending on how best to ensure the highest standards of health and safety for all our Community, in relation to the Coronavirus.

With the Government providing detail surrounding the development and incubation of the symptoms of the virus, C-Me Swim is implementing the following procedures to further mitigate the risk of this virus being spread to members of the Community.

1. If you or your family have recently visited, passed through, or had a stopover in China during the holidays, we ask that you **do not send** your children to the Swim School **until you have a medical certificate from your GP or they have been back in Australia for at least 14 days**. Therefore, you and your child will need to have been back in Australia before Tuesday 14 January 2020 to attend the Swim School from the Tuesday 28 January.
2. If you have had contact within the last 14 days with someone from the Wuhan district of China or with someone who exhibits symptoms of the virus, we also ask that you **do not send** your children to the Swim School **until you have a medical clearance certificate** from your GP or 14 days have elapsed.
3. If you have **not visited China** during the holidays, you should feel confident to send your child to the Swim School. This is of course, unless they have



any of the above flu-like symptoms, in which case, as with other viruses, you should visit your GP and keep your child at home until the symptoms have cleared.

The effective implementation of these procedures will require the support of all members of our Community, as it is beyond the capacity of any Swim School to be able to police every instance. Please be alert (whether as parents, staff or students) to any presenting symptoms related to a fever or respiratory difficulties. These include a cough, shortness of breath, rapid breathing, a sore throat, or a runny nose. Please visit your GP if you, or your child, presents with these symptoms.

Parents are also encouraged to remind students of the importance of good hygiene practices.

We anticipate all normal classes and routines to proceed as scheduled.

Please be assured that C-Me Swim will keep our Community advised of further developments, should they arise.

You may find helpful information on the following links:

<https://www.health.nsw.gov.au/Infectious/alerts/Pages/coronavirus.aspx>

<https://www.who.int/health-topics/coronavirus>

Thank you

C-Me Swim School Management

